



An Onteora Runners Club Grand Prix Event

5k, Saturday, May 10th, 2008, 10AM

An event to benefit Kingston Point Linear Park, the Onteora Runners Club, and the Kingston Historic Landmarks Preservation Commission

Registration: 8:30 – 9:30AM

Course: Start & finish at Trolley Museum, 89 East Strand
Out: along East Strand to Kingston Point
Back: through Ponckhockie neighborhood to Trolley Museum

Schedule: 10AM, race start
11:30AM, awards presentation, barbecue, musical entertainment

Fees: \$20 race day, \$15 pre-registration (May 8 deadline)
\$14 for Onteora Runners Club members

Includes barbecue lunch, a trolley ride, and free T-shirt to first 100 pre-registrants

Please make checks payable to the Trolley Museum of New York

Awards: To overall winners and winners in ten-year age group increments

Race information: www.onteorarunners.org
p.lopiano@att.net Patrick Lopiano, Race Director
admin@tmny.org Steve Ladin, Museum Administrator

name _____ age _____ M / F _____

address _____ city/state/zip _____

I, the undersigned, recognizing that road racing is inherently dangerous, do hereby assume full responsibility for my actions and do hereby waive all liabilities and claims for myself, my heirs, and my agents against the sponsors and organizers of this race, the City of Kingston, and any and all of the property owners bordering on the race course.

signature _____ date _____
Participating runner or parent/guardian if under 18 years of age

amount enclosed _____ (\$20 race day fee, \$15 pre-registration, \$14 Onteora Runners Club member)

T-shirt purchase, \$10 each: quantity / size (S, M, L, XL) _____ amount enclosed _____

Send this form and payment to: Trolley Museum of New York, 89 East Strand, Kingston, NY 12401, 845.331.3399



www.tmny.org